

Some new remedies and new uses

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To those of us who have studied the science of Homoeopathy there is left no doubt as to its wonderful power in the cause of healing or the magnificent results that can consistently be expected by the skilled prescriber. Moreover, we must all admire the purity of its teaching and its constant aim to use only the remedies to be found in Nature's Materia Medica. And it seems that the possession of this precious treasure should stimulate us to further exertions, for undoubtedly with patience and perseverance a remedy can be found for every disease, in those patients wishing to be cured, and it may even be also possible to find those which will overcome that desire for ill-health, so difficult in our present state of knowledge to combat.

We have much to discover, but we must not be afraid of the task. A vast time may be required, but we must all attempt to do our share in the building of that glorious temple of healing which will ultimately be the agent to drive disease from the face of the earth.

There is much to learn of the gathering and preparation of herbs; many points require consideration if the maximum, instead of the medium result is to be obtained: the natural habitat, age, condition and particular part of the plant; the planetary influences; the time of day, and, by no means the least important, the mental attitude of the physician, which should be one of wholehearted devotion to the work in hand in the cause of humanity. At present our knowledge on some of these points is sadly small, but we must do the best in our power, and as we proceed, greater experience will make the task simpler.

The following notes of remedies are being humbly offered to you, as I feel they cover some of the points which are amongst the more difficult to treat in the ordinary way, and it is hoped that they may be found of as much value to the profession in general as to those few who have already proved their value in practice. These remedies were prepared with all precautions, instruments and glass-ware being heated at 160° C. for four hours, corks at 160° C. for twenty minutes, and a clean overall worn for each individual trituration. The first potency was made immediately on the site of collection. Each potency was triturated with *sacch. lac.* by hand for twenty-one minutes in a glass mortar with a glass pestle. This was done up to the seventh centesimal, after which succussion was adopted.

IMPATIENS ROYLEI

A native of Kashmir, rarely found growing wild in the British Isles.

Mauve flowers only used.

Three different series have been prepared: two on separate dates in September, 1928, and one in September, 1929. Although all have been effective, the most active is the last obtained, which is the one now stocked by Messrs Nelson and Co.

It is indicated in acute pain of nerve type, and it not only often gives rapid relief, but in many cases apparently effects a cure of the nerve condition. It has also a beneficent action, and patients frequently report, in addition to relief of symptoms, a much improved mental state with loss of depression and fears, a generally brighter outlook being obtained.

Amongst cases successfully treated may be mentioned intense headaches, sciaticas, acute neuralgias, tic douloureux, and acute pain in malignant disease.

The indication for its use is excruciating and very acute pain, no matter what the cause; in some cases it has given relief after morphia has failed.

MIMULUS LUTEUS

A native of North America, found occasionally in the British Isles.

Flower only used.

It is the mentals of this remedy which are the most important; its physical side is usually the result of mental strain. They comprise depression, vague unknown fears, marked desire for quietness, aversion to talking and to being questioned, loss of ability to fight for personal individuality (the patient will do anything to avoid controversy). In more marked cases there is often in addition great weakness, tiredness, tachycardia, no desire for food, and frequently a 5 pm aggravation.

Amongst some of the most brilliant results treated with this remedy have been cases of post-influenzal debility, and others of patients who have broken down under the strain of domestic unhappiness due to overpowering relations or even friends.

This remedy helps in a remarkable manner patients who are devitalised by other too powerful personalities, and returns to them their confidence and ability to stand up and face the difficulties of daily life, causing at the same time a marked improvement in their general physical health.

CLEMATIS VITALBA

A native of the British Isles.

Three separate preparations have been made of this - prima, secunda and tertia, to be used according to the severity of the case, prima for the mildest.

This is another remedy in which the mentals are the important character. The patients have little desire for life, from the state of finding no enjoyment to that of desire for death. Unlike those of the *Mimulus* type, they have no fears, but are calm and of the daydreaming type, content to be left alone and with no wish to do anything more than is absolutely necessary. They often require many hours of sleep at night and are difficult to wake. The whole constitution is sluggish and the complexion often pale and muddy; they easily contract disease, but are not in the least perturbed. They are not nearly so sensitive to noise as the patients of the *Mimulus* class.

The mentality is like that of an individual who has lost all that is dear to him and has little ambition to survive, whose life becomes a patient duty, merely to be borne until release occurs. Hence the absence of fear of or aversion to illness; indeed, many wish for this in the hope of passing out, and make no fight for recovery.

The physician with keen observation will notice this condition in all grades of severity in his practice, from the mild day-dreamer to the subject of the most hopeless, yet patient and placid, depression. The severest type is sleepy sickness, in which this remedy as proved effective and there is every reason to hope that it will also be useful in some types of coma.

CUPRESSUS

The red vessels from the tip of the leaves only used.

This is proving a most valuable remedy in chronic catarrh and its sequelae, especially if the infection is of the staphylococcic or streptococcic type, and it is especially indicated in: Catarrh of the postnasal passages, the Eustachian tube and middle ear, and the frontal sinuses. Headache associated with catarrh. Chronic colds, in connection with which there is evidence to show that it is prophylactic, and, if given early, in some cases frequently aborts an attack.

Among the more striking results have been cures of chronic deafness following middle ear disease of over twenty years' duration, and of frontal headaches, which in one case had been continuous for over three years.

Adult Cupressus cases are often of florid, congested complexion.

COTYLEDON UMBILICUS (Prima)

A native of the British Isles, found mostly in the south and south-west.

This remedy has proved effective in epilepsy of the petit mal type, when other treatment has failed. It also appears to be helpful in eliminating the after-effects of long-continued doses of bromide by clearing the mentality and restoring the natural brightness of the patient.

These remedies can all be obtained from the third to the twenty-eighth centesimal. The number of cases which have been treated with these remedies is considerable, yet so far it has not been necessary to use above the seventh centesimal. *Cupressus* must certainly not be started above the third, or it tends to give marked aggravation. Should this occur, it responds rapidly to strong doses of peppermint.

If physicians using any of these remedies find that important symptoms, not here mentioned, are relieved, it would greatly help the work of completing the provings, if they would kindly report them.